

2014-15 SCHOOL YEAR BOARD OF EDUCATION TRI-DISTRICT GOAL

STUDENT HEALTH & WELLNESS

Student health and wellness is a strong predictor of academic performance. Schools are crucial players in helping to ensure the well-being of their students. This can be accomplished through collaboration with others, including those in the health and social services fields, to ensure that students are fully engaged in all of their educational opportunities. These “education supports” include resources, services, strategies and practices within and outside of school that ensure that all students are physically, socially, emotionally and intellectually ready to succeed in school.

The Board of Education, district leadership and staff are committed to creating, developing and expanding these resources across the grade levels. As part of our efforts, we look forward to partnering with our local elementary and regional high school districts in support of all of our students.

IMPACT OF INITIATIVES TO SUPPORT STUDENT WELLNESS

- Leads to improved attendance
- Improved social skills
- Expanded communication skills
- Better relationships with peers, staff and family
- Greater involvement in co and extra-curricular activities
- Improved academic performance
- Improved self-esteem and development of leadership skills
- Healthier social environment
- A greater sense of belonging

During the course of the year, we would then include sample activities, initiatives, etc. as part of the action plan.